

# Clinton Township Recreation 2022 LESSON PLAN

**Site: Ottawa**

**Week of: August 1 – August 4**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8:30	RD Silent Ball P	TO Drop It, Catch It P	TL Flinch P	TO Drop it Catch It A
9:00	TL Ike, Mike, and Will A	<b>Bus Arrives for Metro Beach</b>	RD Pilo Polo A	DB Dodgeball A
9:30	DB Calorie Guess P	<b>Metro Beach</b>	TO Egg Drop P	MK You're the Winner (Make Your Trophy) P
10:00	MK Everybody's It A	<b>Metro Beach</b>	DB Crossover Relay A	RD Army Navy A
10:30	TO Egg Drop Contraption Creation P	<b>Metro Beach</b>	MK Giant Jenga P	TL Olympic Scavenger Hunt p
11:00	TL Dodge Ball A	<b>Metro Beach</b>	RD Soccer A	TO Calling All Cars A
11:45	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
12:30	MK Medal Making P	<b>Metro Beach</b>	ALL MINUTE TO WIN IT	RD Yoga P
1:00	DB Water Balloon Relay A	<b>Metro Beach</b>	ALL MINUTE TO WIN IT	TL Olympic Obstacle Course A
1:30	RD Guard the Chair P	<b>Metro Beach</b>	DB Lace And Beads p	DB Sleeping Lions P
2:00	TO Basketball A	<b>Metro Beach</b>	TO Four Corners A	MK Kickball A
2:30	MK Drop It, Catch It P	<b>Arrive on site @ 3:00</b>	TL Silent Ball P	All Staff Pie in the Face p

Theme	Special Event	Contest	Craft	Health and Fitness	Team Sport
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