



SENIORS

Spring & Summer Program and Event Updates

Subject to change

Program or Event Name	Original Date	Status
Limited SMART Bus Transportation (Phase I) (Medical, Pharmacy, Individual grocery, Errands)	Ongoing	Scheduling begins June 1 for limited Phase I transportation. Runs to begin June 8, 2020 Social distancing required. Follow Safety precautions as directed by drivers and signage. Face Masks required for all bus travelers until further notice.
Expanded SMART Bus Transportation (Phase II) Banking, Restaurants when opened by CDC	Ongoing	Date: TBD Social distancing mandatory. Follow Safety precautions as directed by drivers. Face Masks required for all bus travelers until further notice.
Group SMART Bus Transportation (Phase III) Group travel re-introduced	Ongoing	Social distancing mandatory. Follow Safety precautions as directed by drivers. Face Masks required for all bus travelers until further notice. Please note: Lunch bunch will be reintroduced as CDC/ Health Dept. permits during Phase III
Senior Center Travel Services	Ongoing	Travel is being cancelled by individual travel agents. Refunds will be processed as trip are cancelled moving forward. Updated Details will be provided at www.clintontownship.com (senior center department page)
Senior Center night cards	Ongoing	Cancelled for remainder of 2020 due to new facility nightly sanitation protocol. Will re-evaluate in January 2021
Senior Center day cards	Ongoing	TBD Cancelled thru August 2020 and will be re-evaluated for re-introduction by CDC guidelines at that time.
Spa Services	Ongoing	TBD Cancelled thru August 2020 and will be re-evaluated for re-introduction by CDC guidelines at that time.



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Ask the Librarian	Monday	Group sharing will be offered online with ZOOM
Bingo	Friday	Cancelled until center opens and reviewed by CDC
Blues and Jam Session	Thursday	Cancelled until center opens and reviewed by CDC
Book Club	Wednesday	Will be offered online with ZOOM
Brain Fitness	Tuesday	Will be offered online with ZOOM
Bunco	Wednesday	Cancelled until center opens and reviewed by CDC
Chess Club	Thursday	Cancelled until center opens and reviewed by CDC
Coffee and Conversation with Humana	Tuesday	Available via phone
Community Sewing	Tuesday	Will be offered online via ZOOM
Crochet and Knitting	Tuesday	Will be offered online with ZOOM
Dominoes/Mexican Train	Monday	Cancelled until center opens and reviewed by CDC
Euchre for Rookies	Wednesday	Cancelled until center opens and reviewed by CDC
Garden Club	Wednesday	Onsight by appointment with physical distancing
Goodie Time with Rose Sr. Living	Tuesday	Cancelled until center opens and reviewed by CDC
Grief Support Group	Tuesday	Will be offered online with ZOOM
Healthy Delights	Monday	Cancelled until center opens and reviewed by CDC
Hearing Aid Assistance	Friday	Cancelled until center opens and reviewed by CDC
Hearing Facts and Snacks	Tuesday	Cancelled until center opens and reviewed by CDC
Indulgences from Oakmont	Tuesday	Cancelled until center opens and reviewed by CDC
Investment club	Friday	Will be offered online with ZOOM
Karaoke	Tuesday	Cancelled until center opens and reviewed by CDC
Keyboard Lessons	Thursday	Cancelled until center opens and reviewed by CDC
Mah Jong	Monday	Cancelled until center opens and reviewed by CDC
Pathways to Enlightenment		Cancelled until center opens and reviewed by CDC
Rummikub	Friday	Cancelled until center opens and reviewed by CDC
Single Friends	Wednesday	Cancelled until center opens and reviewed by CDC
Stained Glass	Monday	Cancelled until center opens and reviewed by CDC
Talking Topics	Thursday	Will be offered online with ZOOM
TOPPS	Thursday	Will be offered online with ZOOM



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Aerobics Plus with Rhonda	Mon, Thurs	TBD: Potentially offered online via ZOOM
Arthritis with Rebecca	M, W, F	TBD: Potentially offered online via ZOOM
Bone Builders with Rhonda	Mon/Thurs	TBD: Potentially offered online via ZOOM
Boot Camp with Rhonda	Monday	TBD: Potentially offered online via ZOOM
Chair Yoga with Jasmin	Thursday	TBD: Potentially offered online via ZOOM
Flex and Tone with Rhonda	Thursday	TBD: Potentially offered online via ZOOM
Flexibility & Corrective with Rebecca	Wed/Friday	TBD: Potentially offered online via ZOOM
Gentle Yoga with Daniel	Tuesday	TBD: Potentially offered online via ZOOM
Line Dancing with Enita	Monday	TBD: Potentially offered online via ZOOM
Meditation with Daniel	Mondays	TBD: Potentially offered online via ZOOM
Personal Training with Rebecca	By Appt.	Appointment via phone
Pilates with Daniel	Thursday	TBD: Potentially offered online via ZOOM
SOS with Rebecca	Monday	TBD: Potentially offered online via ZOOM
Tai Chi for Health with Garry	Mondays	TBD: Potentially offered online via ZOOM
Walking Club (outdoor)	Mon-Friday	8:30-9:30 a.m. Starts June 1 with mandatory physical distancing. All levels welcome and encouraged. Weather dependent
Yoga with Daniel	Thursday	TBD: Potentially offered online via ZOOM
Zumba Gold with Shonece	Tues/Friday	TBD: Potentially offered online via ZOOM
SPORTS and LEAGUES		
Badminton	Sr. Gym	Cancelled until GYM re-opens
Bocce Ball League	Outdoor	TBD
Darts	Room 1	Cancelled until center opens & reviewed by CDC
Horseshoes	Outdoor	TBD
Pickleball	Outdoor	TBD
Pickleball	Sr. Gym	Cancelled until GYM re-opens
Softball	Outdoor	Call: for more info.
Table Tennis	Sr. Gym	Cancelled until GYM re-opens
Tennis Practice	Sr. Gym	Cancelled until GYM re-opens
Volleyball (Co-ed)	Sr. Gym	Cancelled until GYM re-opens
Men's Volleyball	Sr. Gym	Cancelled until GYM re-opens



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Wellness / Fitness Center	Daily	Waiting on CDC guidelines to announce reopening date. Yearly memberships will be extended for duration of the closure.
Gift and Coffee Shop	Daily	TBD
Dog Park (Recreation Dept.)	Year round	Social Distancing mandatory. Follow Safety Precautions with surfaces. No water fountain
VOLUNTEER OPPORTUNITIES		
Assist Seniors with Census	By appt.	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Deliver Meals on Wheels	Daily	Macomb County call: (586) 469-5228
June 4 Senior Center Gym Blood Drive	June 4	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Assist preparing activity packs	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
The Wall That Heals	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Party Attendants	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Zoom meeting host/hostess	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Gift/Coffee Shop Assistant	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Sanitizing Attendant when facility re-opens to the public	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Annual Senior Expo April 2021	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Garden Club Helpers	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Phone outreach Well checks volunteers	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com
Volunteers available during emergencies	Ongoing	Call Deb Travis (586) 723-8125 or visit us online at www.signupgenius.com